

Erasmus Course February 2020

Erasmus EMRI Course (Joints) Essen 03-07/02/20

Monday 030220

08:00-08:45 **Registration, Morning Coffee**

08:45-09:00 Welcome/Introduction Shahabpour, Glaser, Waldt

09:00-09:30 Knee – ligaments – central, collateral and corners (A. Heuck, Munich)

09:30-10:00 Knee – menisci (R. Lalam, Oswestry)

10:00-10:30 Knee – cartilage (C. Glaser, Munich)

10:30-11:00 **Coffee**

11:00-11:20 Knee – extensor mechanism and lower limb alignment (I. Nöbauer-Huhmann, Vienna)

11:20-11:35 Knee – BMEP as a guide through the injured knee (C. Glaser, Munich)

11:35-12:00 Knee – stress fracture, SONK, Ahlbäck, BME-syndrome (A. Heuck, Munich)

12:00-12:30 **Understanding techniques to reduce metal artifacts in MRI (D. Paul, Erlangen)**

12:30-13:20 **Lunch**

13:20-15:30 Interactive sessions knee (5 groups: Glaser, Heuck, Tiemessen, Nöbauer-Huhmann, Lalam)

15:30-16:00 **Coffee**

16:00-17:20 Interactive sessions knee (5 groups)

17:20-17:50 **Knee – postoperative (R. Lalam, Oswestry)**

18:00-19:00 **Welcome reception**

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Tuesday 040220

08:30-09:00 **Shoulder – clinical perspective: update on treatment strategies for soft tissue pathologies (instability / impingement) (W. Nebelung, Düsseldorf)**

09:00-09:20 Shoulder – anatomy and variants (H. Imhof, Vienna)

09:20-10:00 Shoulder – impingement: extrinsic and intrinsic (K. Wörtler, Munich)

10:00-10:40 Shoulder – instability (S. Waldt, Essen)

10:40-11:10 **Coffee**

11:10-11:30 Shoulder – rotator interval and biceps (K. Wörtler, Munich)

11:30-12:00 Shoulder – TC, capsulitis, deg. arthropathy (N. Saupe, Zurich)

12:00-12:30 Shoulder – nerve compression syndromes (G. Bierry, Strasbourg)

12:30-13:20 **Lunch**

13:20-15:35 Interactive sessions shoulder (5 groups: Wörtler, Waldt, Bierry, Imhof, Saupe)

15:35-16:00 **Coffee**

16:00-17:30 Interactive sessions shoulder (5 groups)

17:30-18:00 **Shoulder – postoperative shoulder: clinical problems and strategies to handle artifacts (N. Saupe, Zurich)**

Erasmus Course February 2020

Erasmus EMRI Course (Joints) Essen 03-07/02/20 Wednesday 050220

- 08:30-09:10 Thumb – CMC and MCP joints (R. Schmitt, Würzburg)
09:10-09:40 The other fingers – joints, tendons and pulleys: what matters (R. Schmitt, Würzburg)
09:40-10:30 Wrist – ligaments and TFCC incl. post-OP (M. Shahabpour, Brussels)
- 10:30-11:00 Coffee**
- 11:00-11:30 Elbow – trauma: patterns of injury (E. McNally, Oxford)
11:30-12:00 Elbow – pain without acute injury: tendons and more (E. McNally, Oxford)
12:00-12:30 [Strategies to optimize routine imaging protocols \(C. Glaser, Munich\)](#)
- 12:30-13:20 Lunch**
- 13:20-15:35 Interactive sessions hand/wrist & elbow, tumors & technique (5 groups: Schmitt, Shahabpour, Nöbauer-Huhmann, McNally, Glaser)
- 15:35-16:00 Coffee**
- 16:00-17:30 Interactive sessions hand/wrist & elbow, tumors (5 groups)
17:30-18:00 [Benign intraarticular tumors and tumor mimickers \(I. Nöbauer-Huhmann, Vienna\)](#)
- 19:00-22:00 Social dinner and guided tour**

Erasmus EMRI Course (Joints) Essen 03-07/02/20 Thursday 060220

- 08:30-09:00 [Lower extremity – clinical perspective: update on treatment strategies \(A. Kugler, Munich\)](#)
09:00-09:30 Heel, tendons and arches (A. Horng, Munich)
09:30-10:00 Ankle and Lisfranc Joints – acute injury: ligaments and beyond (M. Shahabpour, Brussels)
10:00-10:30 Ankle – acute to chronic: osteochondral lesions, impingement and hindfoot instability (M. Shahabpour, Brussels)
- 10:30-11:00 Coffee**
- 11:00-11:30 Foot – trauma, big toe, anatomy and imaging strategies (A. Horng, Munich)
11:30-12:00 Foot – Nerves: going beyond Morton and Joplin (T. Grieser, Augsburg)
12:00-12:30 Foot – arthropathy and infection (S. Waldt, Essen)
- 12:30-13:20 Lunch**
- 13:20-15:35 Interactive sessions foot/ankle & hip/pelvis (5 groups: Shahabpour, Grieser, Horng, Sutter, Robinson)
- 15:35-16:00 Coffee**
- 16:00-17:30 Interactive sessions foot/ankle & hip/pelvis (5 groups)
17:30-18:00 [Gd – what we need to know \(C. Jonkmanns-Nowacki, Essen\)](#)

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Friday 070220

08:30-09:15 Hip – extraarticular disorders: hip, groin and SIG (P. Robinson, Leeds)
09:15-10:00 Hip – intraarticular disorders (R. Sutter, Zurich)
10:00-10:30 Below the pelvis: Essentials of muscle injuries (P. Robinson, Leeds)
10:30-11:00 Hip – imaging around metal (R. Sutter, Zurich)

11:00-11:30 Coffee /Brunch, lunch box?

11:30-12:00 Test (J. Kramer, Linz)
12:00-12:40 Test answer presentation (J. Kramer, Linz)
12:40-13:00 Certificates and farewell

Course Venue: Alfried Krupp Krankenhaus Rüttenscheid
Alfried-Krupp-Straße 21
D-45131 Essen



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Faculty:

G. Bierry, Strasbourg
C. Glaser, Munich
T. Grieser, Augsburg
A. Heuck, Munich
A. Horng, Munich
H. Imhof, Vienna
C. Jonkmanns-Nowacki, Essen
J. Kramer, Linz
A. Kugler, Munich
R. Lalam, Oswestry
E. McNally, Oxford
W. Nebelung, Düsseldorf
I. Nöbauer-Huhmann, Vienna
D. Paul, Erlangen
P. Robinson, Leeds
N. Saupe, Zurich
R. Schmitt, Würzburg
R. Sutter, Zurich
M. Shahabpour, Brussels
M. Tiemessen, Essen
S. Waldt, Essen
K. Wörtler, Munich